

Name \_\_\_\_\_



# FRUIT OF THE SPIRIT



## Lesson 6. **The fruit of Patience.**

We all get impatient sometimes don't we? Put a tick next to any of these real life situations in which you need more patience.



Annoying brothers and sisters.



Friends who let us down.



Waiting for things.



Waiting for our parents.



Look up Ephesians 4:2 then write it out below and put a circle around the word patient.

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So why should I be patient ?

**God is more patient with us than we can understand.**

1. He is patient with us when we do wrong things.
2. He is patient with us when we are slow to obey Him.
3. He always forgives us when we are sorry.

Complete; God is more \_\_\_\_\_ with \_\_\_\_\_ than we can \_\_\_\_\_.

Write down 3 ways that God is patient with us;

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



# Patience with others.

We should be patient with others just as God is patient with us. When others hurt us we need to forgive them. When we find ourselves getting frustrated with people or situations we need to ask God to help us be more patient.



Complete; We \_\_\_\_\_ be \_\_\_\_\_ with others \_\_\_\_\_ as \_\_\_\_\_ is with \_\_\_\_\_. When others \_\_\_\_\_ us we must \_\_\_\_\_ them and if we find ourselves getting \_\_\_\_\_ we need to \_\_\_\_\_ God to \_\_\_\_\_ us be more \_\_\_\_\_.

For each box below draw a straight line to the box opposite that shows patience and a wavy line to the one that doesn't.

Mark is on your soccer team, but he keeps messing up and your team is losing games because of him. You hate losing.

You get so angry that you complain to your coach in front of your whole team that Mark needs to leave.

You forgive Mark for messing up and have him round to your place to do some extra soccer training together.

Your baby brother / sister has wandered into your room and ripped up your favourite book.

You explain that it's not right to rip up books and show them how to be careful with books.

You yell at them and push them out of your room and then slam the door, so they can't do any more damage !

What to do if I get really annoyed or impatient ?



Take a deep breath and ask God to help you.

Remember how patient God has been with you.



Go and forgive others and be more patient.

Below write what each picture shows you should do.



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